



MAITENES FOUNDATION

**Outdoors Education Programs;
an opportunity of education
in touch with nature**

Santiago, December 2007



▪ MAITENES FOUNDATION

Maitenes Foundation is a non-profit organization created in 1993. Our mission is the implementation of Outdoors Education Programs, through them is expected to be a contribution to the education and a help with the creation of values and comprehensive development of children and young people, through a methodology based on adventure, sensitivity and interaction with the environment.

During the activities, in touch with nature, young people learn through adventure, the promotion and development of values such as **leadership, communication, creativity, solidarity, loyalty, friendship and trust**. Besides, the adventure teaches them to face challenges, overcome difficulties and team work in order to achieve goals.

Through adventure - used as pedagogical tool - improves the self-esteem through activities that provide opportunities of achievement. This implies offering successful experiences that strengthen the trust in themselves.

Maitenes Foundation expects to **provide incentive of activities in touch with nature** as well. The environment is part of the unknown reality for many young people who have not had the opportunity of enjoying pure air, the valley landscapes or the views from the mountains. Likewise, this is a very motivating way of developing in them the importance of **value and care of the environment**.

New horizons start opening and the vision of the world is expanded by delivering these opportunities, teaching new referents, themes and places.



Young participants of the Mountain Adventure Programme



▪ **SPECIFIC GOALS OF THE PROGRAMMES**

To achieve that the participants think highly on the value and care of the environment

This implies:

Developing activities of natural knowledge; flora and fauna, geography, climates, etc., over the base of workshops during the excursions.

Fostering the value for nature and a free polluted environment.

Expand on the vision of the world showing different themes and new places.

This implies:

To know camping techniques and outdoors lifestyle, learning how to plan, organize and carry out an excursion.

To know mountain elements and techniques that drives the performance of activities completely different from the daily ones.

Developing adventure activities which imply to get to know unknown places.

Contribute to the improvement of self-esteem providing opportunities of specific achievements.

This implies:

Developing a pedagogy that, considering the individual differences, allows providing successful experiences that strengthen the self-concept and trust in themselves.

Motivating self-discipline, exercising self-control, the self-demand and personal effort, indispensable on the formation of a reliable and integrated person.

Encouraging personal safety, fostering authenticity.

Improving social skills and social integration through team activities, competitions and recreational games.

This implies:

Improving relationships between people, developing communication skills, team work, cooperation, conflict solution, etc.

Highlighting friendship values, dialogue and solidarity, necessary for an adequate relationship with others.



▪ DESCRIPTION OF THE PROGRAMMES

In the activity programs carried out in full contact with nature, children and young people live a formation experience that is expected to be a contribution to their education and personal development.

Among the base activities of these programs, are developed:

Training Workshops

- Excursions, camps and outdoors lifestyle.
- Geographic positioning.
- First aid basic elements.
- Flora and fauna of the mountain means.
- Minimum impact techniques.

Recreational Activities

During the day, games and team competitions are done, where everybody contributes for the achievement of the goal of the group. During the evening, the participants are able to share the outdoors "Bonfire" experience; with performances, singing and games.

Audiovisual Talks

Through these meetings, the participants get in touch with talks of people that, through the support of audiovisual means (slide shows, films or videos) share their experiences and knowledge, fruit of their expeditions and recreational or study trips.

Excursions and Camp Sites

Trips that will permit to know the geography of the mountain landscape. Trekking in the interior valleys, observation of the natural resources, observation of the Condor habitat, temporary grazing meadows, streams, etc.



River crossing with the use of ropes



▪ OUR METHODOLOGY

- An activity program which respects the individual speed.
- A pedagogy which favors the "learning while doing".
- A work which uses the adventure challenge and game, as motivation and learning elements.
- Work in small groups called roped teams.

▪ LOCATION

The Outdoors Education Programs are carried out in Los Maitenes Centre, a place located in the Colorado River valley, 60 kilometers from Santiago, in a pre-mountain range landscape, inserted between mountains, rivers and forests, there, all the activities can be suitably done.



Los Maitenes Centre Panoramic View

▪ INSTRUCTORS TEAM

College students and young professionals from different areas comprise a permanent team of approximately 18 instructors. It is a team of young people with a large educational vocation, nature and adventure lovers who perform each activity with great love and whom children consider role models.



El Cuesco Hill Excursion
1,700 m.a.s.l., approximately

Experts in excursions and recreation who are in permanent training to reply all the enquiries and carry out the programs on maximum safety conditions.



INSTITUTIONS SERVICE AND PARTICIPANTS SUMMARY YEARS 1994 – 2007

In the 14 years of existence, Maitenes Foundation has consolidated its role in education and formation of children, young people and adults, through different programs. More than 10.300 people have participated in these programs.

A summary of the benefited Institutions in Outdoors Adventure Education and Monitors Training are presented next

I.- INSTITUTIONS AND PARTICIPANTS PER YEAR

Institutions and N° Participants benefited in 1994

• Defense of the Child Council	295
• Childhood Protection Society	299
• Cerro Navia Refuge	23
• San Lorenzo School of Conchalí	69
• San Joaquín School of Renca	39
• Youth House of Pudahuel	65
• Posada del Niño	45
• Monitor Training Course (1)	35

Total Service 1994 **800**

Institutions and N° Participants benefited in 1995

• Defense of the Child Council	125
• Childhood Protection Society	299
• Santa Adriana Refuge	25
• San Lorenzo School of Conchalí	55
• San Joaquín School of Renca	40
• Posada del Niño	60
• María Ayuda Foundation	65
• Monitor Training Course (1)	45

Total Service 1995 **545**



Institutions and N° Participants benefited in 1996

• Ciudad del Niño	120
• Childhood Protection Society	70
• San Lorenzo School	70
• María Ayuda Foundation	72
• Pedro Aguirre Cerda Foundation	47
• Las Creches Girls Home	60
• Young People Refuge Centers	50
• Youth House of Pudahuel	60
• San Joaquín School	31
• Mountain Adventure - Chilgener (2)	400

Total Service 1996 **930**

Institutions and N° Participants benefited in 1997

• Ciudad del Niño	52
• Childhood Protection Society	64
• San Lorenzo School	64
• María Ayuda Foundation	30
• Rodelillo Foundation	47
• San Joaquín School	40
• Mountain Adventure - Chilgener (2)	457
• Villa Los Industriales Shell Programs Puente Alto(3)	179

Total Service 1997 **933**



Institutions and N° Participants benefited in 1998

• Las Creches Girls Home	54
• San Joaquín School	36
• San Lorenzo School	57
• Monitor Training Course (1)	44
• Mountain Adventure Subtotal Gener (2)	434
• Coronel Santiago Bueras School	40
• Liceo A-131	47
• Salvador Artistic School	26
• Liceo A -44 Carmela Carvajal de Prat	46
• Subtotal MINEDUC Program (4)	159
• San José de Maipo Schools	26
• El Nosedal San Bernardo School	25
• Pirque Schools	42
• San José de Maipo - Pirque Schools	45
• Subtotal Gas Andes Program (5)	138

Total Service 1998 **922**

Institutions and N° Participants benefited in 1999

• Las Creches Girls Home	25
• María Ayuda Foundation	25
• Leaders Training Santiago Centro - Rotary (6)	43
• Cultural Integration Program R.E.A.C.H. - Rotary (7)	34
• Leaders Training Liceo Luis Alberto Gana (8)	49
• Cultural Integration Program Explora - Gener (9)	27
• Mountain Adventure Subtotal Gener (2)	546
• San José de Maipo Schools	22
• Girls Home - La Pintana	25
• Pirque Schools	43
• San José de Maipo - Pirque Schools	42
• Subtotal Gas Andes Program (5)	132

Total Service 1999 **881**



Institutions and N° Participants benefited in 2000

• Shell Program Manos Unidas	78
• Renca Schools	177
• Tocopilla Schools	96
• Huasco Schools	48
• Puchuncaví Schools	47
• San Fco. Mostazal Schools	48
• Laja Schools	45
• Closing Adventure San Pedro (10)	15
• Cont. Antarctic Program (11)	2
• Mountain Adventure Subtotal Gener (2)	478
• San José de Maipo Schools	
• Pirque Schools	
• San Bernardo Schools	
• Subtotal Gas Andes Program (5)	134
• Cultural Integration Program R.E.A.C.H. - Rotary (7)	30
• Leaders Training Santiago Centro - Rotary (6)	25

Total Service 2000 **745**

Institutions and N° Participants benefited in 2001

• SPBB Program VII Region (12)	141
• Outdoors Art Program - Miller Pirque (13)	89
• Renca Schools	183
• Tocopilla Schools	96
• Huasco Schools	42
• Puchuncaví Schools	48
• San Fco. Mostazal Schools	47
• Constitución Schools	49
• Closing Adventure Pucón (14)	15
• Mountain Adventure Subtotal Gener (2)	480
• San José de Maipo Schools	46
• Pirque Schools	46
• San Bernardo Schools	48
• Subtotal Gas Andes Program (5)	140

Total Service 2001 **850**



Institutions and N° Participants benefited in 2002

• Renca Schools	190
• Tocopilla Schools	48
• Huasco Schools	48
• Puchuncaví Schools	48
• San Fco. Mostazal Schools	48
• San José Schools	32
• Mountain Adventure Subtotal Aes Gener (2)	414
• San José de Maipo Schools	45
• Pirque Schools	48
• San Bernardo Schools	47
• San Bernardo - Pirque Schools	44
• Subtotal Gas Andes Program (5)	184
• Educational Program Conace (15)	39

Total Service 2002 **637**

Institutions and N° Participants benefited in 2003

• Renca Schools	180
• Tocopilla Schools	46
• Huasco Schools	42
• Puchuncaví/Lag. Verde Schools (55
• Mountain Adventure Subtotal Aes Gener (2)	323
• San José de Maipo Schools	36
• Pirque Schools	40
• San Bernardo Schools	39
• Codegua Moztazal Schools (5)	41
• Buin and Paine Schools (5)	39
• Subtotal Gas Andes Program (5)	195
• Integration Program Municipality of Mostazal (16)	25
• Summer Camp Aes Gener (17)	34

Total Service 2003 **577**



Institutions and N° Participants benefited in 2004

• Renca Schools	186
• Tocopilla Schools	45
• Huasco Schools	48
• Puchuncaví / Lag. Verde Schools	54
• Mountain Adventure Subtotal Gener (2)	333
• San José de Maipo Schools	31
• Pirque Schools	35
• San Bernardo Schools	35
• Codegua Moztazal Schools	34
• Buin and Paine Schools	35
• Subtotal Gas Andes Program (5)	170
• Summer Camp Ñuñoa (18)	207

Total Service 2004 **710**

Institutions and N° Participants benefited in 2005

• Renca Schools	180
• Tocopilla Schools	46
• Huasco Schools	42
• Puchuncaví / Lag. Verde Schools	45
• Mountain Adventure Subtotal Gener (2)	323
• San José de Maipo Schools	30
• Pirque Schools	31
• San Bernardo Schools	30
• Codegua Moztazal Schools	30
• Buin and Paine Schools	30
• Subtotal Gas Andes Program (5)	151

Total Service 2005 **474**



Institutions and N° Participants benefited in 2006

• Instructors Training Course	15
• Renca Schools	180
• Tocopilla Schools	45
• Huasco Schools	45
• Puchuncaví / Lag. Verde Schools	55
• Mejillones Schools	45
• Quintero Schools	15
• Llay Llay Schools	30
• San José de Maipo Schools	30
• Pirque Schools	45
• San Bernardo Schools	15
• Codegua Moztazal Schools	15
• Buin and Paine Schools	30
• Trewhela's School Course	60

Total Service 2006 **655**

Institutions and N° Participants benefited in 2007

• Instructors Training Course	22
• Renca Schools	180
• Tocopilla Schools	45
• Huasco Schools	45
• Puchuncaví Schools	45
• Laguna Verde School	10
• Mejillones Schools	45
• Quintero Schools	15
• Llay Llay Schools	30
• San José de Maipo Schools	30
• Pirque Schools	45
• San Bernardo Schools	13
• Codegua Moztazal Schools	15
• Buin and Paine Schools	30
• Trewhela's School Course	60

Total Service 2007 **665**



II.- TOTAL SERVICE YEARS 1994 - 2007

Year 1994	800
Year 1995	545
Year 1996	930
Year 1997	933
Year 1998	922
Year 1999	881
Year 2000	745
Year 2001	850
Year 2002	637
Year 2003	577
Year 2004	710
Year 2005	474
Year 2006	655
Year 2007	665
TOTAL	10.324



III.- NOTES

(1): Methodological transfer courses and outdoor education monitors training.

(2): "Friends of Nature" Program financed by Aes Gener (former Chilgener) which consists of a competition where 7° students have participated from schools of the municipalities - towns of Renca, Puchuncaví, Huasco, Tocopilla, Yumbel, Nacimiento, Cabrero and San Francisco de Mostazal. From the year 2002, Laguna Verde town was incorporated, this year the municipalities of Quintero and Llay Llay will be incorporated.

Research subject in 1995 and 1997, was: Environmental Care; 1998: The rubbish problem; in 1999: Water Care; in 2000: Daily habits that harm the environment and solution proposals; in 2001: What can we do with the waste and the rubbish generated at home or at school?, in 2002: Conservation of Maritime Flora and Fauna in Tocopilla, Huasco and Puchuncaví. Recovery of the Native Forest, Reforestation Program with native Species for Renca Hill, for the same municipality, in the year 2003: Humane Influence in the Ecosystem, in the year 2004: Solid Residues Management: The 3Rs - Reduce Reuse Recycle - in the year 2005: *Management of Protected Species of Flora: Cactaceae* for Huasco, Tocopilla, Puchuncaví and Laguna Verde, while for Renca: The Rubbish management and Wastes in your municipality, for this year the work will be with Efficient Use of Electric Power, a Commitment that I Can Make at Home, in my School and in my Community.

The development of the program presents a tendering call, participants' selection, carry out of a program of 3 to 4 days and closing activity. Up to the year 1999, a publication of a book with the experience and summary of the winning works was carried out.

(3): Community program - Manos Unidas of joint participation in environment, care, preservation and construction of green areas trainings. Besides Maitenes Foundation, public and private organizations participated: Vertical S.A., Casa de La Paz, Shell Chile workers and families of the Villa Los Industriales of Puente Alto.

(4): Program financed by MINEDUC.

(5): Program financed by Gas Andes, same characteristics as the one developed by Aes Gener, with 7° students of the municipalities - towns of San José de Maipo, Pirque, San Bernardo, Nos and from 2003, Buin, Codegua, Paine and San Francisco de Mostazal were incorporated.

(6): Leaders Training Program with 7° students, schools from Santiago Centro - ROTARY.

(7): Cultural Integration and Leaders Formation Program with children of scarce resources from Ñuñoa and New York. Financed by R.E.A.C.H. (New York NGO) and Rotary - Santiago.

(8): Leaders Training Program with 1° to 4° secondary students.



(9): Cultural Integration and Leaders Formation Program with children of scarce resources of the "Friends of Nature - Gener" Program, and children selected from Argentina by Explora Foundation. Carried out in Lanín Volcano, IX region.

(10) Adventure in San Pedro. Integration and Leaders Formation program with children participants of the "Friends of Nature - Aes Gener" Program, selected at national level.

(11): Antarctic. Leaders Formation Program with (2) participant children from the "Friends of Nature - Aes Gener" Program. The goal is to form promoters of care and value of the white continent, presenting in schools and community centers what they have learnt so other might benefit from their experience.

(12): SPBB Program VII Region. Leaders Formation Program in attitudes, values and social skills in order to act positively and reflexively in the protection of the environment, specially, in the prevention of forest fires.

(13): Outdoors Art Program - Cultural and Artistic Formation Program in the nature, with participant children from the municipality of Pirque.

(14): Adventure in Pucón. Integration and Leaders Formation Program with children participants of the "Friends of Nature - Aes Gener" Program, selected at national level.

(15): Conace. Outdoor Education Program with children of La Serena.

(16): Outdoors Integration program with disabled participant children from the schools of the municipality of San Francisco de Mostazal.

(17): Outdoors Education program, Summer Camp, with Aes Gener's worker's sons and daughters.

(18): Outdoors Education program, Summer Camp, with children and young people from the municipality of Ñuñoa.



IV.- BENEFITED INSTITUTIONS LIST

- Defense of the Child Council
- Childhood Protection Society
- Cerro Navia Refuge
- San Lorenzo School of Conchalí
- San Joaquín School of Renca
- Youth House of Pudahuel
- Posada del Niño
- Santa Adriana Refuge
- María Ayuda Foundation
- Pedro Aguirre Cerda Foundation
- Las Creches Girls Home
- La Granja Girls Home
- Young People Refuge Centers
- Ciudad del Niño
- Rodelillo Foundation
- Coronel Santiago Bueras School
- Liceo A-131, Artistic School Salvador
- Liceo A -44 Carmela Carvajal de Prat
- Liceo Alberto Blest Gana
- El Nosedal San Bernardo School

6° and 7° students from municipal schools of:

- Renca
- Puchuncaví
- Laguna Verde
- Huasco
- Tocopilla
- Yumbel
- Nacimiento
- Cabrero
- Constitución
- Santiago
- San José de Maipo
- Pirque
- San Bernardo
- Nos
- San Francisco de Mostazal
- Codegua
- Buin
- Paine